



Commonwealth Story Project celebrating longevity throughout the Commonwealth

Information for the Story teller

To celebrate ageing across the Commonwealth we are collating a book we would like you to be part of. The young person visiting you will write an essay and take photographs they will send to us. From the essays we receive contributions will be selected and published in a book that will be published in June 2018. We are delighted you are going to take part.

Young people have many years ahead of them and can be inspired and learn from your life experiences with all its highs and lows. The following could help you decide what you want to tell them and us about your life.

Tell them about your family life

Talk about your schooling and working life

Describe what you enjoyed:

what was fun,

what was exciting,

what was relaxing

Let them know about events and developments that have influenced your life

The young person listening to the tale you tell will take notes or record the conversation. They would also like to take your photo with them and will be interested in photographs past and present that highlight your life-story. To be sure you agree to taking part in our project they will ask you to sign a consent form.

We look forward to reading about your life, thank you for agreeing in taking part.

Further details can be found at www.commage.org or contact us at:
lifestories@commage.org